



Junior Fell Running Championship Saturday 29th September

To be returned to school.

Name: _____ School Year: _____

Address: _____

_____ Postcode: _____

Date of Birth: _____ Emergency contact number: _____

Gender: BOY / GIRL Club/School: _____

Parent/Guardian - please read and sign on behalf of your child.

- I accept the hazards inherent in fell running and acknowledge that I am entering and running this race at my own risk.
- I confirm that I am aware of the rules imposed on me by the Race Organiser and that I will comply with them.
- I confirm that I have read and will comply with, the "Fell Running - Requirements for Runners". (Available at: <http://www.fellrunner.org.uk/documents.php>)
- I acknowledge and agree that I am responsible for determining whether I have the skills equipment and fitness to participate in this event.
- I accept that neither the Race Organiser nor the Fell Runners Association shall be liable to me for any injury, loss or damage of any nature to me or my property arising out of my participation in this race (other than in respect of death or personal injury as a result of their negligence).
- I accept that the Race Organiser may use photographic or video equipment for the purpose of monitoring the race and for promotional use on the MFR website.
- I give permission for MFR to process the necessary personal data for the purpose of the race, including the online publication of results.

Signed: _____ Date: _____

Parent/Guardian

Name: _____ Contact number: _____

Please note that this form needs to be returned to school and the teacher will send in the details with the rest of the runners. Any enquires should first go to school, who will contact MFR if they are unable to answer them.

Information for parents.

Saturday 29th September

Children will be racing boys against boys, girls against girls. They will be racing in school year groups.

The races take place around the hillside leading up to the Milner Tower on Bradda head.

Please note that parking is limited. Please follow the directions of the parking attendants and do not block any side roads. In the past the event has been placed under jeopardy due to inconsiderate parking of some adults dropping off children.

Once the consent form is completed and returned to school, your child has to arrive at the race area to collect their number. Please note the collection times.

There will be a wait before their race starts, please ensure they wear suitable clothing to keep warm and dry before and after the race.

Children not racing and spectators will need to keep clear of the race areas. Marshals will be on hand to direct spectators.

Children are briefed before they race. Where numbers allow, boys and girls will race in separate races. Each race gets longer and involves more hills as the children get older. Year two race over a short, off road course, year six and seven will race up as far as the Bradda Cairn. Race routes on the MFR website: (<https://manxfellrunners.org/>). It may be worth a visit to the area before the race date.

Year 2 race starts at 13:30; Year 5 race starts 15:00

Other races follow in year order.

Number collection times:

School years 2, 3 & 4: Opens at: 12:30 Closes: 13:15

School years 5, 6 & 7: Opens at: 14:30 Closes: 15:00

Please detach and keep for your information.