

Healthy Eating In School

We have recently updated our Healthy Eating Policy and Guidance, and would like to highlight some key points.

- In order to support a drive to reduce children's sugar intake, we will not be able to accept sweets or cakes that are brought in for birthdays or from holidays
- We do not allow nuts or products containing nuts in school, due to pupils within school who have severe allergies
- Every child needs to have a reusable water bottle or cup in school
- Only water is allowed to drink in school - please don't put juice in bottles (milk is also available if you choose this option)
- Morning break snack is either brown toast (via our toast club), or fruit or vegetables from home (not biscuits or cereal bars)
- Packed lunches - please help to support what children are taught in school about healthy nutrition - do not include chocolate or sweets in lunchboxes, and avoid too many 'treats'

We understand that this can be a tricky area, but we are just trying to help children to develop healthy habits - in order that they can be healthy adults.

We will still have occasional cake sales in school, and treats at special events such as discos.

We hope you understand and support this guidance.



Make A Lunch Date!

Mrs Kinley, our school catering manager, would like to invite any parents or carers in to school to have a school lunch with their child. We are proud of the improvements that Mrs Kinley has brought to our school, and the feedback from both pupils and staff is very positive.

If you would like to book in for a lunch, just give Mrs Brookman a call to arrange a date.

The cost of an adult meal is £3.70

Many, many thanks to everyone who supported our Christmas Fair, and our raffles at our Pantomime and Nativity performances. This really helped to boost our school funds, which in turn will be used to help provide the best learning environment we can for the children. We'd especially like to thank those parents / carers who were able to give up some time to help at the Christmas Fair, and helped to make this a really enjoyable event.

