

Life Skills Curriculum

Life skills	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Developing the skills for the future such as fiscal awareness and responsibility and being healthy.	<p>I talk about using money to purchase items in a shop</p> <p>I know and can talk about the different factors that support my overall health and wellbeing. (Including regular physical activity, healthy eating, brushing teeth, reduced 'screen time', good sleep routines, being a safe pedestrian)</p> <p>I can manage my school day successfully (Including lining up/queuing, mealtimes and personal hygiene) (DM)</p> <p>I can use a knife and fork</p> <p>I know how to walk safely on the footpath with my buddy</p>	<p>I understand that money comes from different sources and can be used for many purposes</p> <p>I know why money is important and that know ways that people can earn it</p> <p>I can explain why people need to choose what to spend money on carefully (not limitless and discuss the difference between need and want)</p> <p>I can set and complete simple goals</p> <p>I can discuss the need to maintain good health and hygiene (food choices, teeth, hand washing etc)</p> <p>I can tie my shoe laces</p> <p>I know why it is important to act</p>	<p>I understand that money can be raised through effort, collaboration and communication (includes visitors to discuss their occupations, fundraising opportunities)</p> <p>I can collaborate and use democratic systems to purchase items for class within a budget</p> <p>I can contribute to risk assessments (including school trips, cooking, online learning, outdoor activities etc)</p> <p>First Aid: I can keep myself and others safe</p> <p>Emergencies and calling for</p>	<p>I can discuss what I believe are the most important assets for families to own and recognise that people can have different priorities</p> <p>I can use the words 'credit' and 'debit' when discussing money</p> <p>I can create risk assessments independently</p> <p>I can create a healthy eating plan when collaborating on a menu</p> <p>I collaborate with others to plan and timetable an activity afternoon for younger children</p> <p>First Aid: I can keep myself and others safe</p> <p>Asthma; Allergies; Bites and Bee Stings; Head</p>	<p>I can discuss why governments require people to pay tax</p> <p>I can discuss what the main costs of living are both in the Isle of Man and in other countries around the world</p> <p>I can explain the difference between rent and mortgage and know what loans and interest are</p> <p>I can use timetables to organise a journey (Bus, train, tube, flight etc)</p> <p>First Aid: I can keep myself and others safe</p> <p>Emergencies and calling for help; Primary Survey; recovery</p>	<p>I can explain how a budget works in personal lives and those of corporate entities</p> <p>I can collaborate with others to budget a simple meal or bake a treat (could include picnic lunch at forest school or bake sale fundraiser)</p> <p>I can ride my bike safely on the roads (Cycle Road Safety with the IOM Police)</p> <p>First Aid: I feel confident when helping those that are injured or ill.</p> <p>Allergies; Bleeding including nose bleeds, choking, head injuries (St Johns</p>	<p>I can collaborate and formulate a plan to build the wealth of a selected country (junior achievement)</p> <p>I can collaborate with my class, a group or a club (like eco-schools) to create a fundraising project that contributes to the life of Braddan School or our community</p> <p>I can judge the risk of an adventurous activity and decide the best action for me (Residential activities)</p> <p>I feel confident when helping those that are injured or ill. To include the defibrillator AED: what its</p>

	<p>First Aid: I know how to ask for help if I am or others are hurt</p>	<p>carefully around the roads and I know how to cross the roads around school safely</p> <p>First Aid: Content, access and purpose of a first aid kit Minor bleeding</p> <p>I can explain how medicines can help or harm people</p> <p>I can explain what 999 calls are for and why it is important to know when to make them</p>	<p>help; Primary Survey (St Johns Ambulance Resources)</p>	<p>injuries. (St Johns Ambulance Resources)</p>	<p>position (St Johns Ambulance Resources)</p>	<p>Ambulance Resources)</p>	<p>for, where it lives and how to use it (St Johns First Aid Course)</p>
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