

SRE Curriculum

Relationships and Sex Education (RSE/ SRE) <i>Learning about the physical, social and emotional aspects of growing up. This includes human sexuality, reproduction and sexual health.</i>	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	I can comment on images of familiar situations, including those from the past (DM)	I know there are correct names for my body parts and I know the words penis, testicles, anus, vagina and vulva	I use the correct names for penis, testicles, anus, vagina and vulva and explain why they are private	I can explain how boys' and girls' bodies change on the inside/ outside during the growing up process	I can summarise the changes that happen to boys' and girls' bodies that prepare them for making a baby when they are older	I can explain how boys and girls change during puberty and why looking after myself physically and emotionally is important	I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born
	I understand the effect of change on the natural world around me.	I know that some parts of my body are private.	I can explain why some touches feel okay and others don't	I can give reasons that these changes are necessary (so that bodies can make babies when they are older).	I can explain some of the choices that I might make in the future and some of the choices I have no control over (ELSSD)	I can summarise the process of conception	I can discuss how I feel when I reflect on becoming a teenager (ELSSD)
	I can explain how some things occur and I can talk about how things change.	I can say what is the same or different about myself now and when I was a baby I can explain changes that will happen to my body as I get older I can explain why some changes that I might experience could feel better than other changes(ELSSD)	I can discuss perceptions of gender and getting older (ELSSD). I understand that other people may feel differently to me when we talk about gender (ELSSD)	I recognise how I feel about these changes happening to me and can suggest some ideas to cope with these feelings ELSSD)	I can offer some suggestions about how I might manage my feelings when changes happen (ELSSD)	I can express how I feel about the changes that will happen to me during puberty (ELSSD) I can explain why these changes might happen at different ages for adolescents (ELSSD)	