

Happy, Safe and Healthy Me!



Starfish Class Curriculum Information Spring 1 '24

Topic

Happy, Safe and Healthy Me!

This half term is all about making the healthy choices. We will explore how we can help to improve and maintain our health and wellbeing by brushing our teeth, getting enough sleep, being active, washing our bodies, eating healthily, being kind and thinking about our emotions, our actions and possible consequences our choices.

We will discuss and role-play what to do when we are worried or need help. We want your child to understand that how they can advocate for themselves and for others. We will find out more about how the emergency services and other people help us to stay safe and healthy too.

Key Information

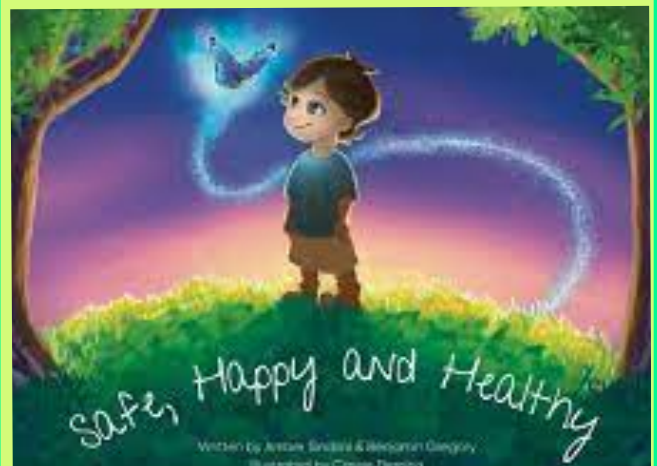
Mondays - P.E. kit
Thursdays - Forest School

Daily essentials

- Water bottle
- Snack (fresh fruit/vegetables)
- Warm coat
- Hat
- PE kits
- Gloves
- Wellies
- Bookbag

Dates for diary

16th February '24
Dress Down Day *for charity*



Try your best

Show Respect

Learn Together

Phonics

We are now learning digraphs (when two letters make one sound, e.g th, sh, ch, ll, etc) to read and write words. <https://www.bbc.co.uk/bitesize/topics/z2hckty>

Literacy

We will use the digraphs that we are learning to read and write, e.g shop, fizz, lunch, carpark. We will continue to learn tricky words that we do not sound out.

If your child knows **I, no, go to, the** and **into** without trying to sound them out, then they will learn to read **he, she, we, me, be, was, you, they, all, are, my** and **her**.

These songs are a great way to learn tricky words:

<https://www.youtube.com/watch?v=TvMyssfAUx0>

<https://www.youtube.com/watch?v=R087IYrRpgY>

<https://www.youtube.com/watch?v=3NOzgR1ANc4>

Home learning

- Daily reading at home
- Reading Eggs (online)
- Numbots (online)



Your child's usernames and passwords are glued into their yellow reading record.

Numeracy

We are focusing on exploring numbers to 10. We will practise writing numbers in digits and words (6 and six), reading number names and exploring how we can represent numbers (make them using resources or drawings).

We will our growing maths skills in the classroom and playground so we can play games, order numbers, compare amounts and to recognise and use numbers, e.g. rolling a die and counting the number of spaces to move on a board game.

If you have any questions, you can speak to me before or after school on the playground or you can contact me via Mrs Brookman in the school office. Email: enquiries@braddan.sch.im Tel: 661087